

AYR Motor Centre

Informed Consent Agreement Update July 2019

Thank you for choosing to use the facilities, services, or programs at The AYR Motor Centre. We request your understanding and cooperation in maintaining both your and our safety and health by reading and signing the following informed consent agreement. ***Children Disclaimer Children ages 13-14 must be accompanied by a parent/adult (18 & over). Or in order to use the Fitness Centre without accompaniment, the child must complete two Youth Safety Sessions at an extra fee of \$100.00. Approval is given by Director of Recreation/Facility Manager.**

I, _____

- declare that I intend to use some or all of the activities, facilities, programs and services offered by the AYR Motor Centre and I understand that each person, (myself included), has different capacity for participating in such activities, facilities, programs, and services. I am aware that all activities, services, and programs offered are educational, recreational, or self-directed in nature. I assume full responsibility during and after my participation, for my choices to use or apply at my own risk any portion of the information or instruction I receive.
- Understand that part of the risk involved in undertaking any activity or program. I acknowledge that my choice to participate in any activity, service or program of the AYR Motor Centre brings with it my assumption of those risks or results stemming from this choice and the fitness, health, awareness, care, and skill that I possess and use.
- Further understand the activities, programs, and services offered by the AYR Motor Centre may sometimes be conducted by personnel who may not be licensed, certified, or registered instructors or professionals. I accept the fact that the skills and competencies of some employees and/or volunteers will vary according to their training and experience and that no claim is made to offer assessment or treatment of any mental or physical disease or condition by those who are not duly licensed, certified, or registers and herein employed to provide such professional services.
- Recognize that by participating in the activities, facilities, programs, and services offered by the AYR Motor Centre I may experience potential health risks such as transient light-headedness, fainting, abnormal blood pressure, chest discomfort, leg cramps, and nausea and that I assume willfully those discomfort, fatigue, or any other symptoms that I may suffer during and immediately after my participation. I understand that I may stop or delay my participation in any activity or procedure if I so desire and that I may also be requested to stop and rest by a supervising employee who observes any symptoms of distress or abnormal response.
- Understand that I may ask any questions or request further explanation or information about the activities, facilities, programs and services offered by the AYR Motor Centre at any time before, during or after my participation.
- Members are not entitled to cancel a membership or receive a refund with the exception of medical reason. In this case, receipt of a written medical recommendation from a doctor is required. Important!

Children 13 & 14 of age must be accompanied by an adult in the weight room. Children 12 (age as of Birthdate) and under must be accompanied by:

Nicole Manuel Email: strong.fit.healthy.lifestyle@gmail.com

Mellissa McLaughlin Email: motivationhealthmusclefit@gmail.com

Or successfully complete 2 Fitness Safety Sessions by Nicole or Mellissa

I declare that I have read, understood & agree to the contents of this informed consent agreement in its entirety

Signature: _____ Signature of Parent/Legal Guardian (under age of 15): _____

Date: _____ Witness: _____

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Date Received :

Office Staff Signature: