

SWIM FOR LIFE

PARENT & TOT ~ PRESCHOOL ~ SWIMMER ~ SWIM PATROL

NEVER TOO YOUNG TO LEARN!

PARENT & TOT



The Parent & Tot classes are very informative for parents so they can teach their infants basic water movement. It also helps them get familiar with the pool!

PRESCHOOL



The Preschool classes are a great way for your child to prepare for the Swimmer levels. They learn how to swim on their front and back and they learn water safety!



SWIMMER



The Swimmer classes give all around exposure to basic water movement, strokes, recovery in the deep water, diving and endurance building!



SWIM PATROL



The Patrol classes are action packed, challenging and very profitable for any child interested in learning lifesaving skills!

